

Sexual Health

at the Wolverton 020 8974 9331

Kingston upon Thames, Surrey (South West London)

Kingston Hospital 
NHS Trust

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[Clinics & Times](#)

[Your Visit](#)

[Emergencies](#)

[Sexual Health
Information](#)

[HIV Care](#)

[e-booking](#)

[Feedback](#)

[Network](#)

STIs

Men

[Chlamydia](#)

[Gonorrhoea](#)

[Trichomonas](#)

[Urethritis](#)

[Lymphogranuloma
venereum](#)

[Syphilis](#)

[Viral hepatitis](#)

[Genital warts](#)

[Herpes](#)

[Epididymo-orchitis](#)

[Scabies](#)

[Pubic lice](#)

[Molluscum contagiosum](#)

Women

Gay/Bisexual

Contraception

HIV

Prevention

Sex and the law

Sex/adult entertainment industry

YOUNG PEOPLE

WOMEN

MEN

GAY / BISEXUAL

[Home](#) » [Sexual Health Information](#) » [STIs](#) » [Men](#) » [Trichomonas](#)

Trichomonas

Trichomoniasis (TV) in heterosexual men

What is trichomoniasis or TV?

- It is a sexually transmitted infection (STI) caused by a tiny parasite, *Trichomonas vaginalis*.
- In men it causes an infection in the urethra (water passage) and lead to pain on passing of urine or a discharge from the tip of the penis
- Most men will have no symptoms but can still pass the infection on to their sexual partner.
- It is easily treated with antibiotics.
- If you have TV we recommend that you should have a full STI screen including [a HIV test](#).

How common is TV?

- It is the third most common treatable STI in the UK.
- It occurs more commonly in Africans and Afro-caribbeans.
- It is more commonly diagnosed in women than men.

How do you catch TV?

- TV is a sexually transmitted infection.
- It is passed on through vaginal sex.
- You cannot catch it from [toilet seats](#), swimming pools or hot tubs.
- Most men will be first alerted to a possible infection when their female partner is diagnosed with TV.

What would I notice if I had TV?

- Most men will not notice anything.
- Some men may notice one or more of the following:
 - burning or pain when passing urine
 - irritation inside the urethra (water passage)
 - passing urine more frequently
 - discharge from the tip of the penis

How do I get tested for TV?

- It is best to attend a specialised sexual health clinic where a swab will be taken and immediately examined under a microscope.
- In men the test for TV is not very accurate so all male partners of women diagnosed with TV are routinely treated to be safe.

How is TV treated?

- TV can be treated with a short course of antibiotics:
 - Metronidazole 2g single dose

OR

- Metronidazole 400mg twice daily for 5 days
- Avoid alcohol whilst taking metronidazole and for 4 hours following completion.
- All treatments from the Wolverton Centre are free and are given to you directly in the clinic.

What about my partner?

- TV is a sexually transmitted infection so it is important that all sexual partners are tested and treated before resuming sex again.

What problems can untreated TV lead to?

- TV can increase the risk of catching HIV.

Will TV come back again after treatment?

- If TV is treated correctly it will only recur if you are reinfected.

For more information

www.bashh.org

Opening times for advice and to book an appointment:

Monday, Tuesday & Thursday	8.30am - 6.00pm
Wednesday	8.30am - 8.00pm
Friday	8.30am - 1.30pm



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